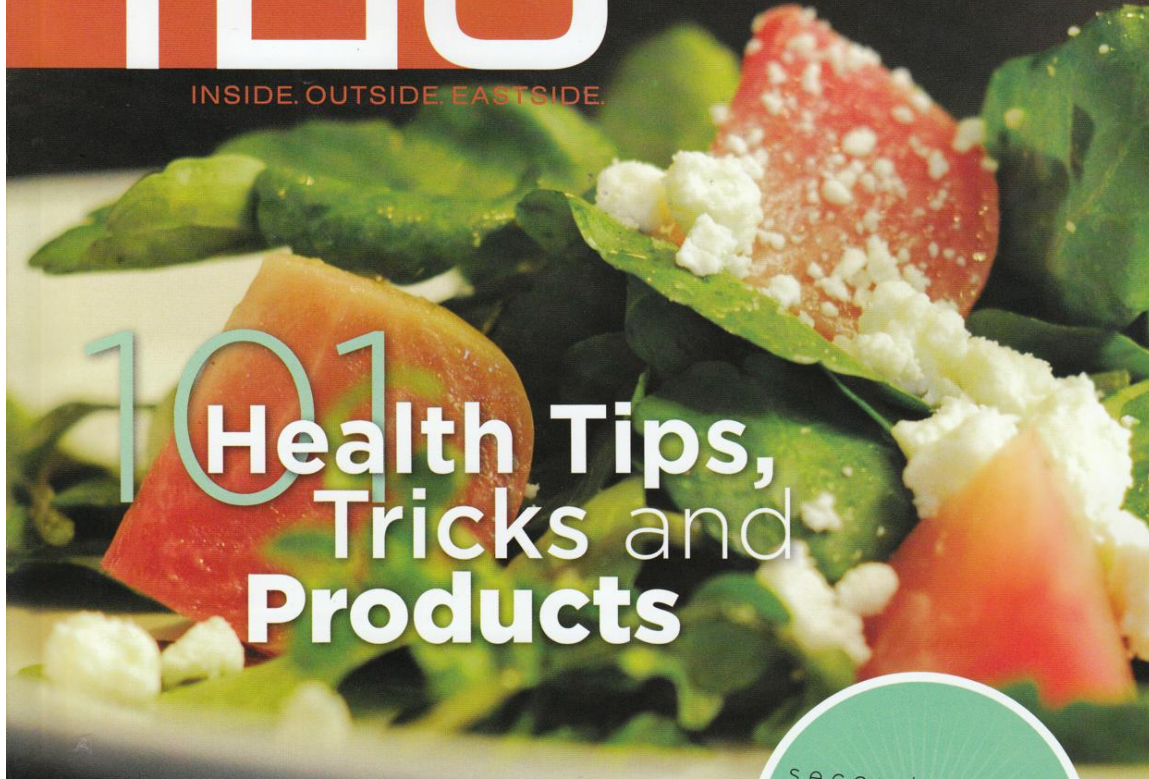


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Imagine a beautiful Mexican beach where you start the day off with meditation and yoga, surf the deep blue ocean at lunch and end the night with an authentic Hispanic meal under the stars. Via Yoga of Seattle makes that a reality. The company offers a variety of yoga-inspired retreat packages, including the new 40 and Fabulous package at Villa Amor in Sayulita, Mexico. Instructors are highly trained and courses are taught to serve a multitude of experience levels — even beginners. **Details:** viayoga.com.

